

Why is co-morbidity important for cancer patients?

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Clinical Outcomes Programme

Co-morbidity in cancer

- Definition:-

Co-morbidity is a disease or illness affecting a cancer patient in addition to but not as a result of their index (current) cancer.

Why is co-morbidity important for cancer patients?

- Clinical decision making
- Risk adjusted outcomes analyses
- Highlighted in the CRS
 - Important but variably collected

Main elements

- Selection for treatment
- Peri-treatment mortality and toxicity
- Impact on overall (population-based) survival / prognosis
- Late effects:
 - Predicting them
 - Identifying them
- Is it feasible to expect a single scale to answer all these questions?

When to record?

- **Prospective Recording**
 - Presence or absence?
 - Moderate or severe?
 - Type of co-morbidity present?
 - ACE-27
 - Other scale e.g. ASA?
- **Derive retrospectively**
 - HES – favours admitted care
 - Accuracy/completeness of coding
 - Less timely

Questionnaire to Site-Specific Clinical Reference Group Chairs



In your speciality area, what are:

- the indices/scores are in use?
- the most important ways in which co-morbidity affects treatment and/or outcomes?
- the major C-Ms which impact on treatment decisions and outcomes?

- Do you use 'frailty' as an indicator?
- Other comments

Site-specific review



| | Breast | Colo-rectal | Gynae | Haem | H&N | Lung | Sarcoma | Skin | UGI | TYA |
|-------------------|--------|-------------|-----------------|-----------|--------|--------------------|---------|------|-----|-----|
| PS | ± | +++ | + | +++ | + | +++ | ± | ++ | +++ | ± |
| C-M | ++ | +++ | ++ | + | ++ | +++ | + | + | +++ | ± |
| Surgery | + | +++ | + | - | ++ | +++ | + | ± | +++ | ± |
| Chemo | ++ | ++ | ++ | ++ | ++ | ++ | + | + | ++ | ± |
| RT | ++ | + | + | ± | + | ++ | ± | - | ± | ± |
| Peri-op mortality | + | ++ | + | - | + | +++ | + | - | +++ | ± |
| Tools | ASA | ASA Possu m | <i>UK Gosoc</i> | ACE27 ADL | ACE 27 | No (lung function) | No | No | ASA | No |
| Overall survival | + | ++ | + | + | ++ | + | ± | ± | + | ± |
| Late effects | +++ | ++ | + | +++ | + | + | + | + | + | +++ |

Workshop Action Plan

- **Recommend collection of ACE-27 co-morbidity score is mandated for all adult cancer patients**
- Ensure that appropriate training is delivered
- Research different collection methodologies e.g. patient questionnaires
- Identify where supplementary indices or information may be required
- Continue to retrospectively calculate co-morbidity scores from HES
- Consider establishing a Co-morbidity ‘CRG’

Adult Co-morbidity Evaluation-27

prospectively recorded by MDT

ACE-27

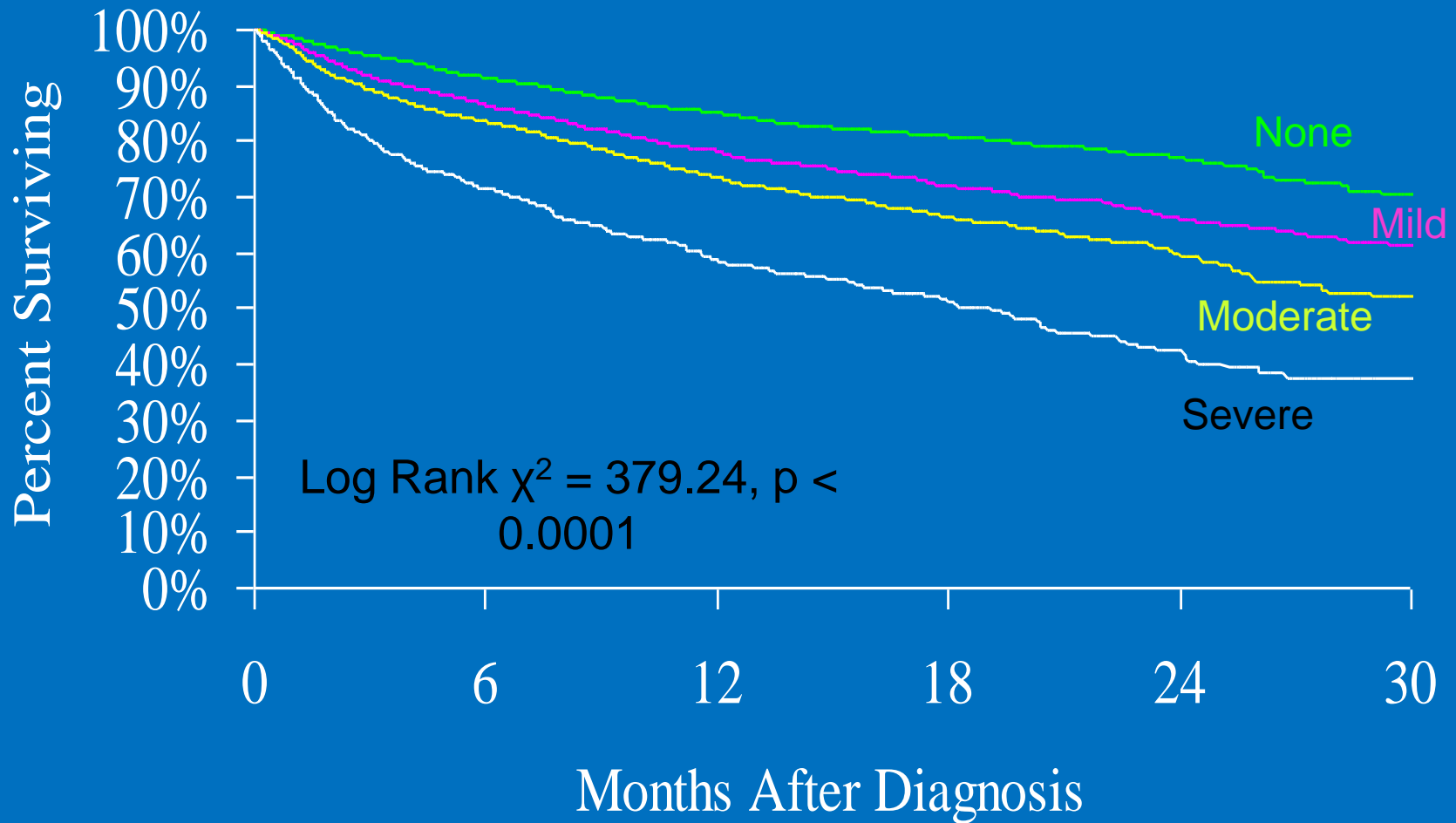
| Cogent comorbid ailment | Grade 3 Severe Decompensation | Grade 2 Moderate Decompensation | Grade 1 Mild Decompensation |
|----------------------------------|--|---|---|
| Cardiovascular System | | | |
| Myocardial Infarct | <ul style="list-style-type: none"> MI ≤ 6 months | <ul style="list-style-type: none"> MI > 6 months ago | <ul style="list-style-type: none"> Old MI by ECG only, age undetermined |
| Angina / Coronary Artery Disease | <ul style="list-style-type: none"> Unstable angina | <ul style="list-style-type: none"> Chronic exertional angina Recent (≤ 6 months) Coronary Artery Bypass Graft (CABG) or Percutaneous Transluminal Coronary Angioplasty (PTCA) Recent (≤ 6 months) coronary stent | <ul style="list-style-type: none"> ECG or stress test evidence or catheterization evidence of coronary disease without symptoms Angina pectoris not requiring hospitalization CABG or PTCA (>6 mos.) Coronary stent (>6 mos.) |
| Congestive Heart Failure (CHF) | <ul style="list-style-type: none"> Hospitalized for CHF within past 6 months Ejection fraction < 20% | <ul style="list-style-type: none"> Hospitalized for CHF >6 months prior CHF with dyspnea which limits activities | <ul style="list-style-type: none"> CHF with dyspnea which has responded to treatment Exertional dyspnea Paroxysmal Nocturnal Dyspnea (PND) |
| Arrhythmias | <ul style="list-style-type: none"> Ventricular arrhythmia ≤ 6 months | <ul style="list-style-type: none"> Ventricular arrhythmia > 6 months ago Chronic atrial fibrillation or flutter Pacemaker | <ul style="list-style-type: none"> Sick Sinus Syndrome |
| Hypertension | <ul style="list-style-type: none"> DBP ≥ 130 mm Hg Severe malignant papilledema or other eye changes Encephalopathy | <ul style="list-style-type: none"> DBP 115-129 mm Hg Secondary cardiovascular symptoms: vertigo, epistaxis, headaches | <ul style="list-style-type: none"> DBP 90-114 mm Hg DBP < 90 mm Hg while taking antihypertensive medications |
| Venous Disease | <ul style="list-style-type: none"> Recent PE (≤ 6 mos.) Use of venous filter for PE's | <ul style="list-style-type: none"> DVT controlled with Coumadin or heparin Old PE > 6 months | <ul style="list-style-type: none"> Old DVT no longer treated with Coumadin or Heparin |
| Peripheral Arterial Disease | <ul style="list-style-type: none"> Bypass or amputation for gangrene or arterial insufficiency < 6 months ago Untreated thoracic or abdominal aneurysm (≥ 6 cm) | <ul style="list-style-type: none"> Bypass or amputation for gangrene or arterial insufficiency > 6 months Chronic insufficiency | <ul style="list-style-type: none"> Intermittent claudication Untreated thoracic or abdominal aneurysm (< 6 cm) s/p abdominal or thoracic aortic aneurysm repair |

<http://cancercomorbidity.wustl.edu/ElectronicACE27.aspx>

Using information to improve quality & choice



Prognostic Impact of Comorbidity



Charlson Score

derived retrospectively by analysts
based on information in notes coded
by clinical coders

Cancer Diagnosis

HES episodes 1 yr previous

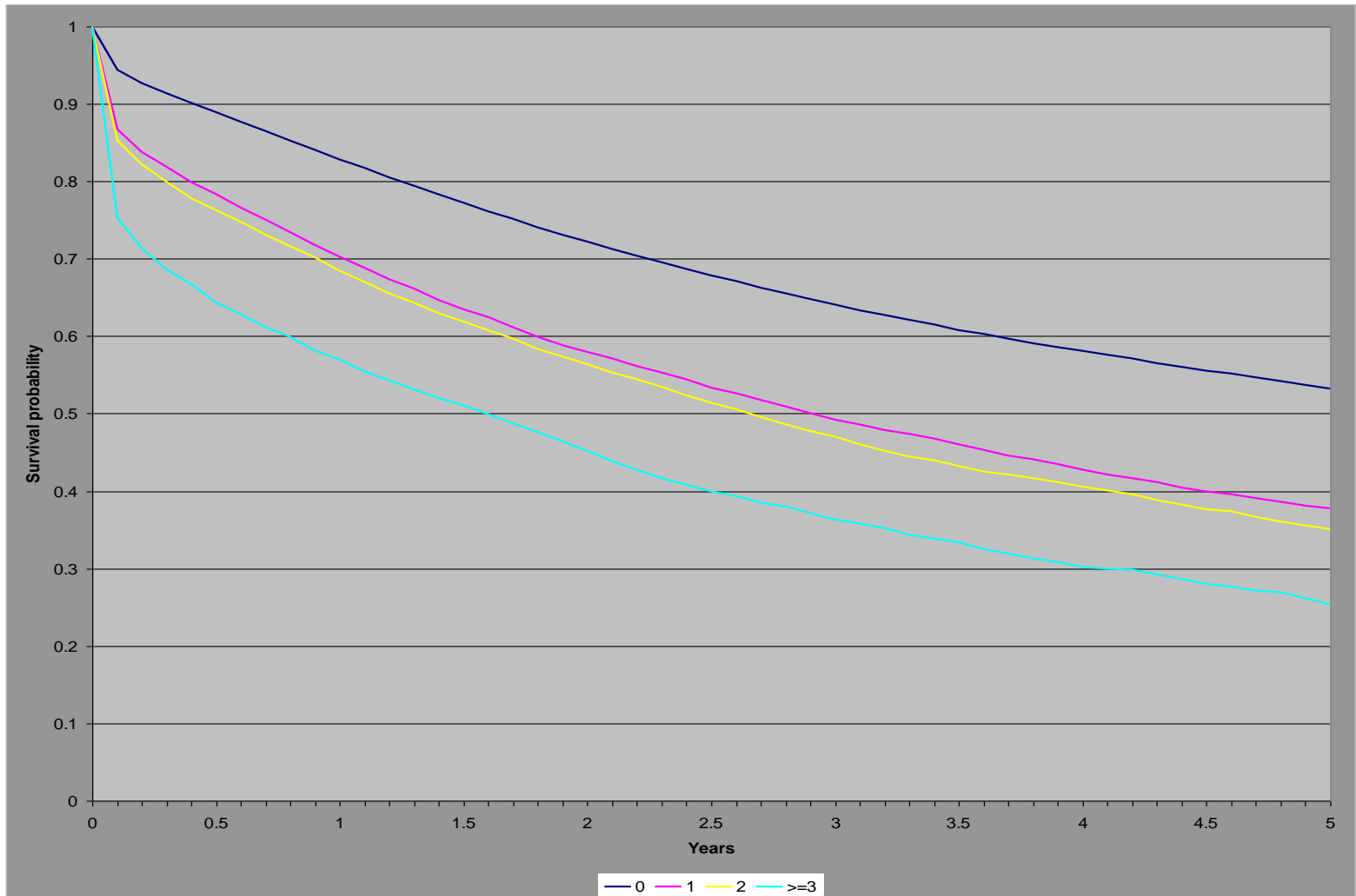
time

| HESID | DIAG_1 | DIAG_2 | DIAG_3 | DIAG_4 | DIAG_5 |
|---------|--------|--------|--------|--------|--------|
| 5494782 | I211 | T814 | Y838 | I802 | |
| 5494782 | | | | | |
| 5494782 | D259 | - | | | |
| 5494782 | K740 | K528 | | | |
| 5494782 | S679 | - | | | |
| 5494782 | | | | | |
| 5494782 | D171 | - | | | |
| 5494782 | H332 | D569 | Z853 | | |
| 5494782 | M720 | - | | | |

| Charlson Group | Group Description | Score | Codes |
|----------------|-----------------------------|-------|--|
| 1 | Acute Myocardial Infarction | 1 | I21, I22, I25 |
| 2 | Congestive Heart Failure | 1 | I09, I11, I15, I25, I42, I43, I50, P29 |
| 3 | Peripheral Vascular Disease | 1 | I70, I71, I73, I77, I79, K55, Z95 |
| 4 | Cerebral Vascular Accident | 1 | G45, G46, H34, I60-69 |
| 5 | Dementia | 1 | F00-03, F05 |
| 6 | Pulmonary Disease | 1 | I27, J40-47, J60-68, J70 |
| 7 | Connective Tissue Disorder | 1 | M05-06, M31-36 |
| 8 | Peptic Ulcer | 1 | K25-K28 |
| 9 | Diabetes | 1 | E10-14 |
| 10 | Diabetes Complications | 2 | E10-14 |
| 11 | Paraplegia | 2 | G04, G11, G80-83 |
| 12 | Renal Disease | 2 | I12-13, N03, N05, N18, N19, N25, Z49, Z94, Z99 |
| 13 | Cancer | 2 | C00-76, C81-97 |
| 14 | Metastatic Cancer | 6 | C77-80 |
| 15 | Severe Liver Disease | 3 | I58, I85, I86, K71-72, K76 |
| 16 | HIV | 6 | B20-22, B24 |
| 17 | Liver Disease | 2 | B17-18, K70-71, K73-74, K76, Z94 |

| | |
|-----------------------------|---|
| Acute Myocardial Infarction | 1 |
| Liver Disease | 2 |
| Final Score | 3 |

Colorectal survival by Charlson Score



Using information to improve quality & choice

Conclusions

- NCDR has Charlson score available at individual tumour level
- Analysis needs to be undertaken to assess the best approach to calculating co-morbidity from data we have available
- Work with DH/CfH on national co-morbidity project
 - SSCRGs to define pertinent conditions

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NCIN



national cancer
intelligence network

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Thank you

www.ncin.org.uk



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