

Protecting and improving the nation's health

Be Clear on Cancer: Second national breast cancer in women over 70 campaign, 2015

Caveats: This summary presents the results of the metric on cancers diagnosed. This is one of a series of metric summaries that will be produced for this campaign, each focusing on a different metric. A comprehensive interpretation about the campaign is not included here as this requires a full evaluation of all the metrics. The full evaluation will be part of the final campaign report which will be published in due course. These metrics should not be considered in isolation.

Cancers diagnosed

The campaign

The second national breast cancer in women over 70 campaign ran from 13 July 2015 to 6 September 2015 in England.

Two key messages were promoted:

- 'One in three women who get breast cancer are over 70, so don't assume you're past it.'
- 'A lump isn't the only sign of breast cancer. If you're worried about any changes to your breasts, tell your doctor straight away."

Metric: Cancers diagnosed

This metric considers whether the second national breast campaign had an impact on the number of newly diagnosed cases of breast cancer (ICD-10 C50) in women aged 70 and over.

Data was extracted from the national cancer analysis system for the diagnosis period March 2014 to February 2016. The analysis period was defined as two weeks after the start of the campaign (week 31 of 2015) to two months after the end of the campaign (week 46 of 2015). The numbers of cases diagnosed per week during the analysis period were compared with the overall median for March 2015 to February 2016. The campaign was considered to have a possible impact if a) the numbers of cases per week were the same or higher than the median for five or more consecutive weeks and b) this sustained period started during the analysis period.

Results

There was a nine week period, weeks 31 to 39, where the weekly numbers of breast cancers diagnosed were higher than the 2015 to 2016 median (Figure 1). During this nine week period, an additional 261 cases were diagnosed compared to the expected number based on the median (2,779 cases).

<u>Key message</u>

The second national breast campaign appears to have had an impact on the numbers of breast cancers diagnosed in women aged 70 and over during and following the campaign.

500 400 Number of cases 300 Second national breast 200 100 0 10 12 14 16 18 20 22 24 26 28 30 32 34 36 38 40 42 44 46 48 50 52 1 3 Apr Aug Sep Oct May Jun Jul Nov Dec Week and Month 2014-15 - 2015-16 ----- England median 2015-16 Source: Cancer Analysis System August 2017

Figure 1: Number of newly diagnosed cases of breast cancer by week, women aged 70 and over, England, March 2014 to February 2016.

Conclusions

The second national breast campaign appears to have had an impact on the numbers of breast cancers diagnosed during and following the campaign in women aged 70 and over.

Other metrics being evaluated include GP attendance, urgent GP referrals, conversion and detection rate, emergency presentations and one-year survival. A full evaluation report will be published on the campaign metrics when all of the results are available.

Considerations

In general, cancer incidence is increasing which may have an impact on trends over time for this and other metrics, and so the results must be considered with these underlying trends in mind.

Where the results are statistically significant there is some evidence for an impact of the campaign, although underlying trends and other external factors (eg other awareness activities, changing referral guidance) may also affect the results.

Campaigns are more likely to have a greater impact on metrics relating to patient behaviour (eg symptom awareness and GP attendance with relevant symptoms) and use of the healthcare system (eg urgent GP referrals for suspected cancer), compared to disease metrics (eg incidence, stage at diagnosis, and survival).

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Find out more about Be Clear on Cancer at: www.ncin.org.uk/be_clear_on_cancer www.nbs.uk/be-clear-on-cancer